TRAIN HARD - PLAY SMART



Milton Soccer Academy

Your not-for-profit community soccer club

Player Code of Conduct

Keep it fun Stay healthy Control myself Be on time Attend practices/games Respect everyone Abide by the rules and goal differential regulation Play/act fairly/safely Do no harm Go for it Support teammates Bring pride/admiration to team/self

Explanation:

Keep it fun - Remember that soccer is a game

<u>Stay healthy</u> - Respect your body and stay in shape.

Control myself - Do not lose my temper at games, practices or Milton Soccer Academy (MSA) activities.

<u>Be on time</u> - Be on time and prepared to practice or play in keeping with the schedule established by the coach. <u>**Attend practices/games**</u> - Attend all practices and games. If I have a legitimate reason for not being able to attend a practice or game, I will provide my coach with as much notice as possible of my anticipated absence.

<u>Respect everyone</u> - Respect my teammates, coaches, team officials, referees, opponents, opposing coaches, opposing team officials and other participants in games, practices and other MSA activities. Do not make any derogatory comments as to another individual's race, ethnic origin, colour, religion, gender and/or sexual orientation. **Abide by the rules and goal differential regulation** - Obey the rules of soccer, the policies of the MSA as well as the principals of good sportsmanship. Respect the goal differential rule and score only as many goals as this rule permits. **Play/act fairly/safely** - Act in a safe and responsible manner at games, practices and all MSA activities. Play honestly and abide by FIFA's Code of Conduct for Football.

<u>Do no harm</u> - Not put anyone down, or say or do anything that could hurt someone else physically or emotionally. <u>Go for it</u> – Always rise to the challenge. Play whatever position I am assigned by my coach to the best of my ability. <u>Support teammates</u> - Support my teammates including those who are less skilful both on and off the field. <u>Bring pride/admiration to team/self</u> - Not behave in a manner or engage in any activity that would cause embarrassment or disrespect to my team or the MSA by smoking, drinking alcohol or using drugs.

One of the requirements of admission into an Milton Soccer Academy program is that the participant agrees to uphold the principles contained within this Player Code of Conduct. Non-compliance may result in disciplinary action.